



Summer delights and OMG Christmas already?...

Absolute Beauty

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November 2008

www.absolutebeauty.com.au

... sunshine, sunshine, sunshine...

What bright and beautiful days we have been blessed with lately. On a gorgeous sunny day it makes you just want to run outside and bask in the warmth.... Oh Glorious Sun..... But.....

BEWARE of complacency with your facial SPF. I was recently performing a treatment on a new client, whom we will call "Jill". Chatting to "Jill" about her skincare regime I bought up the issue of sun protection. The lovely Jill replied with the following;

"I work inside so I don't wear it during the week".

This is not the first time I have been given this response when talking with clients about sun protection. In fact in the 10 or so years I have been working in the industry it tends to be the general belief out there.

UV exposure is the *SINGLE* most damaging factor (even worse than smoking) for our skin. It ages our skin, causes breakdown of collagen and elastin, an increase in sun spots and unwanted pigment, *SKIN CANCER* and the list goes on and on and on.

Vroom...Vroom...Hello...Bye Bye...

This month we farewell Kiera again! (Lucky for us everyone eventually returns) to Braaapp Bikes. Those of you that know Kiera know that she loves her riding. Kiera will finish on the 1/11/08 but continue to work

Whew.... Who wants that?

But many people, like "Jill" equate UV exposure and sun damage with tanning or prolonged sun exposure. Here is the reality.....

It takes 2 1/2 minutes of sun exposure ON A CLOUDY DAY to damage YOUR skin. YES - only two and a half minutes.

That for Jill (and the rest of us) is popping out to grab a sandwich at lunch, standing outside the kids school waiting to pick them up, grabbing the mail from the letter box etc. *Tick Tock* - 2.5 minutes = Your skin damaged - FOREVER.

Scary isn't it. You might think well I have regular facials, eat well, drink lots of water, use good quality skincare etc. It makes NOT one jot's worth of difference if you do not protect your skin from UV. Actually it's a waste of effort and money.

Some of you may be worried that SPF's are greasy. An SPF designed for use on the face is light and non greasy. They are different to the SPF you may buy at the chemist to slip, slop and slap on for the beach.

Then like "Jill" you may think

every second Saturday, so its more "see you later" not farewell.

We welcome Angela who is replacing Leilah who heads into retail and we will see the return

that your makeup has an SPF in it. The thing to remember is that the SPF **MUST BE** broad spectrum or its **as useful as a giraffe in your lounge room!** Secondly most makeup's only contain generally an SPF 8+ factor, once again not handy.

There is a detailed fact sheet on our website describing, why and how to use a facial sunscreen and what SPF factor and coverage is suitable.

However for those of you that want to start protecting YOUR skin **TODAY**, grab an Ultracuticals Broad Spectrum Protective Moisturiser.

Only \$60 and it is your facial sunscreen and moisturiser in one. Light, non greasy, available in tinted and most importantly designed for use on your face. Apply it after cleansing and toning every morning to know that you are protected. If you are still not sure, grab a sample from one of the girls and you **WILL & MUST** become a convert.

Tracey

(For the full fact sheet on SPF's head to our website and the "All The Facts Page".)

of Christy (aka Piggy). We also welcome Holly to the nail team and look out for Ebony soon too!!!

Our team now sits at 12 lovely ladies! Hopefully you will all enjoy being looked after and made to feel special by the team here at Absolute Beauty.

FREE

ULTRACUTICALS

EYE CREAM

Valued at \$85

with any Ultra

Holiday

Collection

purchased this

month...

See the other side of the newsletter for this great GWP offer from Ultracuticals.

ONLY while stocks last, no rain checks.

Do you have cracked, dry, wind or sun damaged lips?

Never an attractive look. Purchase an Ultra Lip Duo Protect Pack this month.

Containing two lip friends; a lip balm and an SPF

Lip Protect.

Everything you

need to keep

your lips lus-

cious on a daily

basis.

Let Angela make YOU look YEARS YOUNGER, IMMEDIATELY without surgery.

DISCOVER WHAT THE HOLLYWOOD STARS ARE GETTING DONE!

Come and experience a 60 minute session of our latest Solitone 2500 LED technology, which treats fine lines and wrinkles, dry skin, oily skin and blemishes and is valued at \$190 per session...

NOW FOR ONLY \$105 PER SESSION (normally \$190) when you book with Angela. SAVE \$85

This 'State of the Art' concept in non-invasive cosmetic therapy which lifts and tones the face and neck muscles and treats conditions such as: Fine lines, Enlarged pores, Dehydrated and Aged skin. This totally painless, non-invasive, 100% SAFE and 100% effective treatment will leave your skin looking radiant, firm and younger after your very first treatment.

If you have been considering trying out the Solitone—NOW is your chance.

Only for the first 17 people to book their Solitone treatment with Angela during November.



Only while stocks last, no rain checks.

FREE Eye Cream valued at \$85!

This month we have a fantastic, but very limited gift with purchase offer from Ultraceuticals.

The **Ultra Holiday Collection** contains skincare essentials to keep your skin looking fresh and radiant this summer.

Containing **products suitable for all skin types**. A cleanser, toner, moisturiser, SPF and a Lip Duo pack as well as a compact Bronzer and Kabuki Brush. The cost of the collection is just \$150.00.

You also receive a **FREE**

Ultra A Eye Treatment Serum if you are one of the first 6 to purchase your collection.

This is a great way to try the Ultraceuticals range if you are yet to start using the range.

If you already use and love the range, purchasing the **Ultra Holiday Collection** is exceptional value for money, gives you convenient purse size products and FREE stuff!

We really do only have a limited number of Ultra Holiday Collections available and so they are not available at our online shop. You must

phone or email **ASAP** to get **YOURS!**

The collection is a great gift idea for a loved one, that already has everything, for Christmas. The products inside the collection are suitable for ALL skin types.

A unique, different and special gift.

Even better...you keep the Eye Cream. That way you make yourself and a loved one happy!



“You’re Just 20 Minutes Away From discovering The Ultimate ‘Secret Weapon’ To Achieving A Perfect Flawless Complexion Every Day... And What’s more, There’s No Learning Curve, It’s Easy, With Our Simple... Three Step Plan...”

Quick Foundation Survey....

- Are you looking for makeup that is easier, quicker to use and longer lasting than you currently use?
- Are you sick of constantly reapplying your makeup?
- Do you want better coverage and

better looking foundation?

- Does your foundation go oily, dry, cakey or generally wear off?
- Have you never been taught how to pick a foundation for YOU and the differences in the types of foundations available?

If you answered yes to any of these

questions then you need to book for this months **“Flawless Foundation Lesson”**. Invest 20 minutes and \$20 and NEVER EVER have a problem with your foundation AGAIN.

Bookings ARE ESSENTIAL. Please note that YOU MUST arrive with no foundation on for your session.

Don’t miss out on your spot.